

Release & Wavier of Liability

I understand that the Kids Try-Athlon and Fun Run are physical and potentially dangerous activities. However, recognizing the inherent risk of injury, I nevertheless waive, release, and discharge and agree to indemnify and hold harmless, the Healthy Weight Kids Coalition of Southern Kentucky, ALIVE Center, Bowling Green City Schools, Bowling Green Road Runner's Club, Bowling Green Parks & Recreation Department, the City of Bowling Green, and Barren River District Health Department, Warren County Schools, and any volunteers or staff associated with these events, from any and all liability for injuries or damages which may arise from any and all negligent acts of conduct of commission and omission, if any, or any other injury arising from these events which may be sustained by me or my child.

Parent or Guardian Printed Name:

Parent or Guardian Signature:

Date: _____

I agree to allow my child's picture, first name, and last initial to be posted to the Healthy Weight Kids Coalition website.

Parent or Guardian Signature:

Date: _____

Made Possible By...

Healthy Weight Kids



Coalition

In Partnership With...



INSTITUTE OF MEDICINE
OF THE NATIONAL ACADEMIES

Barren River District



Health Department



Mail Registration To:

ALIVE Center
c/o Chris Inman
1906 College Heights Blvd. #21095
Bowling Green, KY 42101

Phone: 270-782-0653

E-mail: inman.chris406@gmail.com

www.healthyweightkids.org

Healthy Weight Kids Coalition Of Southern Kentucky's

KIDS TRY-ATHLON and FUN RUN



**Saturday
August 20, 2011**

**Russell Sims
Aquatic Center
Preston Miller Park
2302 Tomblinson Way
Bowling Green, KY**

About the Healthy Weight Kids Coalition

The Healthy Weight Kids Coalition of Southern Kentucky is a coalition of health-related professionals and organizations with the goal of preventing and treating the serious problem of childhood obesity in Southern Kentucky by encouraging young people to live healthy, active



lifestyles. We are working to accomplish our mission by joining with local schools, physicians, the public, and state and local governments to implement programs that aid in the prevention of childhood obesity.

Race results posted online at www.healthyweightkids.org

Event Descriptions

Check-in begins at 7am CST & will end at 8am for Try-Athlon. Check-in will end at 9am for Big and Little Fun Runs

Event Description	Start Time	Age on 8/20/2011
Kids Try-Athlon 100 yard swim; 2 mile bike; 1 mile run <i>All participants must be able to swim unassisted and must bring bicycle and helmet. Swim goggles are optional.</i>	8:30 am	Ages 7-14
Free Little Fun Run 1/4 mile fun run	9:30 am	Ages 6 and under
Free Big Fun Run 1 mile run	9:35 am	Ages 7-14
Additional Fitness Activities & Demonstrations	Through out	All Ages



TRY-ATHLON AWARDS

1st 100 registered participants will receive a t-shirt and award ribbon. Medals to top male and female finishers in each age group:

(ages 7-8; ages 9-10; ages 11-12; ages 13-14)

Registration Options

Register online at www.healthyweightkids.org/index.htm, register by mail, or register at the event
 Checks payable to: "The Healthy Weight Kids Coalition"
 Send entry by August 15, 2011 for discounted entry.

One entry form per participant

If mailing registration form, mail to:
 The ALIVE Center; c/o Chris Inman;
 1906 College Heights Blvd. #21095;
 Bowling Green, KY 42101

Try-Athlon Entry Fee

On or Before August 15, 2011-- \$7.00
After August 15, 2011- \$10.00

Participant's Full Name _____

Date of Birth _____ Male or Female (circle one)

T-shirt size: Child or Adult ~ small medium large

Select **one** event: Try-Athlon Big Fun Run Little Fun Run

Street Address _____

City _____ State _____ Zip _____

Parent E-mail Address: _____

Name of Parent or Guardian _____

Emergency Contact and Phone Number(s) _____

Signature of Parent or Guardian _____ Date _____

*How did you find out about the TryAthlon? _____

***Participants who reference a friend receive a FREE PRIZE on the day of the event. Name must be listed in this section.**

If you or your child should be injured or become involved in an emergency situation, race volunteers may notify Emergency Medical Personnel. You will be responsible for any financial

Complete waiver on back of entry form!!!